

WAEC PROTECTION PLAN UNDER COVID 19

from 19th April, 2021

Version 7 (16th April 2021)

Valid from 19th April 2021 until further notice.

Initial situation

This protection plan is made to show how, within the framework of the updated protection measures established by the authorities since 4 November, training and activities can be organised at the World Archery Excellence Centre.

In addition to the current Federal Council Ordinance COVID-19 and the Vaud Canton COVID-19 regulations on sports facilities and the practice of sport, the following principles must be respected (exception: professional sport according to the FOPH) :

- Compliance with the hygiene rules of the Federal Office of Public Health (FOPH) <https://www.bag.admin.ch/bag/en/home/krankheiten/ausbrueche-epidemien-pandemien/aktuelle-ausbrueche-epidemien/novel-cov.html>
- Social distancing (minimum distance of 1.5 m between all persons, no physical contact)
- It is mandatory to register visitors to WAEC and participants in all activities to trace possible chains of infection.
- Persons, particularly at risk, must follow the specific prescriptions of the FOPH.

No sport without a plausible protection plan!

Following the protection plan of the Canton of Vaud and the City of Lausanne, as well as the Swiss Archery Protection Concept for Archers and Sports Facilities, each sports facility and/or any sport must develop a protection plan adapted to its training and the use of the facilities.

Information obligation of sports clubs

It is the responsibility of sports clubs to ensure that :

- Trainers-instructors-coaches ;
- athletes ;
- visiting parents

... are informed in detail about the protection plan of their sport and their sports facilities, know the applicable protective measures, and strictly follow them. Coaches, athletes, and visitors are personally responsible for ensuring compliance with protective measures.

The Sports Department will draw attention to possible abuses and has the right to expel people from the establishment. In the event of a repeat offence, permission to use the sports facilities will be withdrawn immediately.

Note: the WAEC is not a club but has the responsibility as a sports centre to inform its members and users of the existing rules and ensure their implementation.

THE WAEC PROTECTION PLAN

Who can use the World Archery Excellence Centre?

Sports clubs and user groups that have a protection plan confirmed by the FOPH and their respective federations. These must first obtain the written agreement from the WAEC.

- Active Members of WAEC.
- Swiss Archery - Member of national frame A (on written request)
- Any WAEC client sports group

1. Risk assessment and sorting

Anyone showing symptoms of infection is not allowed to enter the Centre and participate in any organised activity or training. This person must stay at home, contact their doctor, and follow his or her instructions.

As soon as a person takes a test and the results are positive for COVID 19, that person must immediately inform WAEC of his or her situation by e-mail to info@worldarcherycentre.org

They must inform us of their full name, telephone number, sport, and hours spent at the Centre during the 14 days before their confirmation of COVID 19.

If this person is a member of LUC Unihockey, Kyudo, ECOVIE, COFOP, Rollerschool, or EHL, the infected person must immediately report to their manager. The person in charge of the activity must also urgently inform the WAEC. As before, they must notify of their full name, telephone number, sport, and hours spent at the Centre during the 14 days before their confirmation of COVID 19.

2. Travel to and from the Centre

WAEC recommends, as much as possible, not to take public transport and to give preference to private means of transport (bicycle, car, etc.).

3. Infrastructure

- a. If the mentioned conditions and protection concepts are respected, the following areas of the Centre are available:
 - EASTON Hall: Individual amateur archers or groups of max 15 people can practice indoor and take lessons. Members of the national team and professional athletes can practice indoor—one archer per target. A space of 15m² must be available for each athlete during their individual or group trainings. Wearing the mask is mandatory outside of sports activities from the age of 12.
 - Exceptions: Individual or group sports are allowed for children/ youth under 20 and school groups (up to secondary II) without limitation.
 - SPORTOTO field: 15 persons maximum (amateur, professional or national team), social distancing mandatory.
 - Hydromassage lounge: CLOSED
 - Fitness: OPEN, MAX 5 PEOPLE, REGULAR VENTILATION
 - Toilets: the toilets will be disinfected and cleaned regularly
 - Changing rooms and showers: OPEN, max 5 adults at the same time. Wearing a mask is mandatory except in the shower. No restrictions for under 20 years old.
 - Restaurant: CLOSED until further notice

- Nico's corner: 2 shooters maximum on the shooting line, and a total of 5 people in the area, always respecting the social distance. Wearing the mask is mandatory when not practising the sport
 - Sauna: CLOSED
 - Wearing a mask is mandatory in the Centre. If necessary, the WAEC staff can provide a surgical mask. Please make a request at the reception desk or to any WAEC staff member
- b. The Centre recommends that each person bring their own bottle of water to limit the risk of contamination.
- c. Cleaning / disinfection :
- Users and members are themselves responsible for the cleaning and disinfecting the following:
- Individual sports equipment used (bow, benches, goals, etc.)
 - Nico's corner (Shooting Range), disinfecting standard equipment before/after use.

**Hands must be thoroughly washed (or disinfected)
before and after each training session.**

Door handles and handrails are disinfected by WAEC staff several times a day. The toilets and sports floor are cleaned regularly by WAEC staff.

- d. Process of access and entry to the facilities :

The Centre's opening hours remain unchanged:

| | |
|---------------------------|----------------------|
| Monday to Saturday | 09h00 - 20h00 |
| Sunday | 09h00 - 18h00 |

Access to the WAEC is by the main entrance (Except Uni-Hockey, which has its access to the Hall by using the ramp. Which avoids high flows and concentration of players at the main entrance). Single entry and exit channels are installed to regulate the flow as safely as possible. Please follow the ground markings and respect the distance of 1.5 metres between each person.

Each visitor is requested to fill in an entry and exit from the entrance or use the MINDFUL app (QR code available at reception). Each person will have to indicate their surname, first name, telephone number, date, time of arrival and departure. Clubs and other groups must keep track of the people present at each of their training sessions and provide this information (form) at the reception desk at the end of the activities.

The athletes go directly to their training area and set up their equipment there. Please respect the distance of 1.5 metres between each athlete. Physical contact is not allowed.

Users still allowed to practice (clubs, schools) are permitted to enter the facility only 5 minutes before their training. Each training session must end 5 minutes before finishing the reserved period (unless training ends at 10 pm).

Spectators, parents, and companions are allowed to stay in the spectator's gallery if the social distance of 2m is respected. They have to sit on a chair, max 50 people. Visitors, parents, or

spectators must also register at the entrance of the Centre. Wearing a mask is mandatory the whole time.

4. Procedures for archery training - regulations

- a. WAEC adopts the general principles of the protective measures issued by Swiss Archery and the Authorities.

Each archer remains in his or her assigned shooting area. The distance of 2.3 metres between the archers and the coaches must be respected. Wearing a protective mask is mandatory except when shooting.

Coaching an athlete can take place in compliance with the above safety measures. Indoor: individual training and private lessons are allowed for all archers. Group trainings or lessons are allowed for max 15 people respecting 15m² available for each person. Social distance is requested for these groups, with coaches wearing masks.

Outdoor, individual or group coaching are allowed for amateur archers as well as professionals and members of the national team. Maximum 15 people on the shooting line. The social distance must be respected, and coaches must wear a mask.

- b. For other sports users, the details of their training sessions are defined by the protection concept issued by the corresponding sports federation.

- c. Archery equipment :

WAEC recommends that each archer uses his or her equipment. For those who use any of the Centre's equipment, please ask WAEC staff to lend it to you to make sure it was disinfected beforehand. Any person using WAEC equipment must keep it for itself, ensuring that it is not exchanged nor used by another person. Each archer is responsible for the management and use of its equipment. When the equipment is no longer needed, the user must return it to WAEC staff, who will ensure that it is disinfected and ready for another user.

Target pins are for single-use: each archer must take 4 of them (from the box of clean target pins) and keep them with him or her. The WAEC requests that each archer use their own target pins when returning to train on other days. If the archer wishes to return used target pins, a container of "used target pins" is available. These will be disinfected regularly by WAEC staff.

5. Responsibility for on-site implementation

The organiser of any sports activity (club, association, or WAEC) is responsible for monitoring and controlling the implementation of the protective measures established by the WAEC and their respective sports federation. All must work and be responsible together for fighting against the coronavirus and keeping it from spreading.

In the event of non-compliance with these guidelines, the WAEC will remind you of the obligation to comply with the regulations. In the event of a repeat offence, the WAEC has the right to temporarily exclude a member, a group, or a club from accessing and using the Centre.

6. Communication

This document is shared with the various WAEC users by e-mail and displayed at the Centre's entrance on the information board. It is also available on the website: www.worldarcherycentre.org

Clubs or associations using the Centre must inform and provide the WAEC Director with their sport-specific protective regulations. These will also be posted on the information board at the entrance.

| Activity | Status | remarks |
|---|-----------|---|
| FITNESS | OPEN | Max 5 people, regular ventilation |
| SAUNA | CLOSED | |
| MEETING ROOMS | OPEN | Max 15 people, except educational program with permission |
| RESTAURANT | CLOSED | Until further notice |
| Changing Room & Shower areas | OPEN | Max 5 adults at the same time, wearing a mask is mandatory except under the shower. No limitation for under 20s |
| TOILETS | OPEN | |
| ATELIER-Equipment Repair room | OPEN | 1 person max, mask mandatory |
| WAEC offices | OPEN | Mask mandatory for Staff when not alone in the office. Work from home when possible. |
| Archery for schools (up to secondaire II) | ALLOWED | |
| Commercial Events or corporate group activities | ALLOWED | Max 15 people, 15m2 per person |
| B-Day – archery part (adults) | ALLOWED | Max 15 people, 15 m2 per person |
| B-Day – Archery part 20 or minor | ALLOWED | Respecting all COVID measurements |
| Archery INDIVIDUAL training INDOOR | ALLOWED | 15m2 per person |
| Archery INDIVIDUAL training OUTDOOR | ALLOWED | Max: 15 people |
| Archery GROUP training or events | ALLOWED | WAEC members training Mon + Fri max 15 people |
| Private coaching (1 to 1) | ALLOWED | Respect social distance and coach wearing a mask. |
| DISCOVER, START and IMPROVE Archery courses | ALLOWED | Max 15 people per group, 15m2 per person |
| YPGs Archery (16 or minor) Youth Performance Groups | ALLOWED | Respecting social distance, disinfecting material. Wed-Sat |
| AVTA Releve – training sessions (20 or minor) | ALLOWED | Mask mandatory for coaches and parents, respect social distance, one archer per target |
| YOGA classes | ALLOWED | Max. 15 people, mask mandatory |
| THAI BOXING training | CANCELLED | |
| EHL Spinning & Circuit training | ALLOWED | Max. 15 people and 25m2 available per person |
| TAKEN REFUGE – Shooting Range | ALLOWED | Mask mandatory for coach(es) and respect social distance. |
| UNIHOKEY training U-20 or minor | ALLOWED | Following Unihockey Federation regulations (under 20 years old) |
| UNIHOKEY training adults | CANCELLED | |
| Roller Blade School (under 20) | ALLOWED | Sundays (under 20 years old) |
| COFOP activities in EASTON Hall | ALLOWED | Has a permission from Authorities |
| ECOVIE massage school | ALLOWED | Has a permission from Authorities |
| KYUDO | ALLOWED | Max 15 people and 15m2 available per person |